

## THE BIBLE AND MENTAL HEALTH: PT 4b

27 November 2023

- Prov 24:9** **“The thought of foolishness is sin.”** We tend to limit our definition of sin to wrong actions. God makes it clear that even our thoughts can be sinful.
- Rom 2:14-16** The thoughts of an unsaved Gentile (in their right mind) will condemn them when they violate God’s ways and will approve of their actions when they are in line with God’s ways.
- The reprobate mind is one that has lost that consciousness of sin.
    - The reprobate honors that which is clearly wrong.
    - The reprobate condemns all that is clearly right.
  - Mankind has had the knowledge of good and evil since the beginning (Gen. 2:17).
- Psa 139:1-2** **“O LORD...thou understandest my thought afar off.”** God knows how we think.
- Amos 4:13** The powerful God who made the mountains and the wind can govern your thoughts. He is able to help you think straight.
- Isa 26:3** If you will put your mind on God and keep it there, He will keep you in perfect peace.
- If you don’t trust God, you are going to lose your mind, –especially in those times when something tragic happens to you or a loved one.
- 2 Cor 10:5** Wrong thoughts and imaginations will sometimes try to creep into your mind. God tells us we must cast those imaginations down and keep them captive as soon as they come up.
- Php 4:8** God tells us what to think about for a healthy mind: things that are true, honest, just, pure, lovely, of good report, virtuous, or praiseworthy.
- Isa 55:6-7** **“Let the wicked forsake his way.”** We agree with this; bad actions should be stopped.
- “And the unrighteous man his thoughts.”** Bad thoughts are also to be forsaken. Most people don’t see bad thoughts as a threat or a danger. God warns that they are dangerous to your mind.
- Heb 11:13-16** Whatever you are “mindful” of, that is where you’ll end up going.
- If you think about your past wicked life, you will go back to it.
  - If you are mindful of the things God promised you, you will live for Him today.
- Prov 16:3** Make a genuine commitment to obey and trust God, and He will keep your mind straight.
- Prov 21:5** God tells us to diligently govern our thoughts, or we’ll be in want.