

## Hebrews Lesson 22

6 January 2025

### Hebrews 4:15-16

1. Our high priest (Jesus Christ) can be touched with the feeling of our infirmities.
  - a. Infirmities: weaknesses in the body resulting from living in a sin-cursed world. Infirmities are not necessarily a result of our own sin.
  - b. Jesus Christ experienced Hunger (Matthew 4:2, Luke 4:2) and thirst (John 19:28) and betrayal (Matt 26:56, Mark 14:50, Luke 22:57, Matt 26:48, Zech 13:6).
  - c. No human being can honestly say, *"I know how you feel."* But Jesus can.
    - i. Jesus can be sympathetic to our weakness as humans (Psa 103:14, Isa 42:3, Mt 12:20).
    - ii. You can tell Jesus things that you can never tell anybody else, concerning your weaknesses and failures.
    - iii. Jesus can minister to everyone who comes to Him because He knows what we're going through.
2. Jesus **"was in all points tempted like as we are..."**
  - a. He was not tempted the same in every detail, but in every point.
  - b. John 2:16 breaks down all temptations into three **points**:
    - i. **The lust of the flesh.**
      1. Jesus hungered and Satan tempted Him to turn stones into bread (Mt 4:3).
    - ii. **The lust of the eyes.**
      1. Satan tempted Jesus with all the kingdoms of the world (Mt 4:8-9).
    - iii. **The pride of life.**
      1. Satan tempted Jesus to cast Himself down from the temple and miraculously survive the fall (Mt 4:5-6).
3. **"...yet without sin."**
  - a. Jesus was tested in all points, but He did not sin.
  - b. Jesus was tested in all points, and to this very day (2,000 years later) He has never sinned.
    - i. We don't have to worry about affecting Him with the sins that we talk to Him about.
      1. When we bring our sins to a human, they will also be affected by it.
        - a. That's why we can't confess our sins one to another (as many new bible translations teach in James 5:16). Faults are not the same as sins.
      2. But we can cast all our cares on Jesus Christ (1 Peter 5:7), and we can come to Him when we're heavy laden (Matthew 11:28) and pour out our hearts to Him, and He can handle it.

4. We can approach the throne of God **boldly** to obtain grace and mercy (vs 16).
  - a. When you need Jesus the most, you can come to Him boldly, and He will hear you.
    - i. He is the ***“friend that sticketh closer than a brother”*** (Proverbs 18:24).
    - ii. ***“A just man falleth seven times, and riseth up again”*** (Prov 24:16) because Jesus is there to help him up.
5. We approach **“the throne of grace.”**
  - a. God demonstrated His grace toward me when I was a dirty lost sinner (Rom 5:8).
    - i. Why wouldn’t He continue to extend His grace toward me now that I’m His child?
6. We obtain **mercy** at the throne of grace.
  - a. Grace: receiving what you don’t deserve (i.e. forgiveness, love, peace, joy...).
  - b. Mercy: not receiving what you do deserve (i.e. everlasting punishment).
7. God’s grace and mercy comes **“in time of need.”**
  - a. God’s help is never late. It’s always **“in time.”**
  - b. I don’t have to wait until eternity to get help. God dispenses His help **“in time.”** His help is available today.