

Hebrews Lesson 20

16 December 2024

Read Hebrews 4:6-9 There remaineth therefore a rest to the people of God.

- The children of Israel were promised rest in the land of Canaan.
 - They were required to trust God and go fight the Canaanites to obtain the land.
 - Faith and obedience (labor) were required if they were to obtain rest in the land.

Deut. 12:9 The Israelites did not enter the rest that belonged to them.

- They could have enjoyed that rest if they believed God and went in to take the land.

Josh. 23:1 At the end of Joshua's life, the Israelites had obtained the Promised Land and enjoyed rest.

1 Ki. 8:56 King Solomon prayed at the dedication of the temple, thanking God for giving rest unto His people as He had promised.

- After Joshua died, unbelief crept in and Israel's enemies continued to torment them.
 - Unbelief caused them to lose their rest, not their land. Rest was available if they would believe.
- David drove out their enemies, and they regained their rest. Solomon thanked God.
- God was angry with His people (Heb 4:3) because they were hurting themselves by their unbelief.

Heb 4:10 ¹⁰ For he that is entered into his rest, he also hath ceased from his own works, as God *did* from his."

- God didn't stop working. He was at rest because He enjoyed His work.

Heb 4:11 We are to labor to enter God's rest. Unbelief will prevent it, as demonstrated by the children of Israel.

Rests in Hebrews 4:

God's rest (vs 1)

The rest proclaimed by creation (vs 4)

The rest proclaimed by Canaan (vs 8)

The rest purchased at Calvary (vs 10)

The rest promised in Christ (vs 11)

Isa 57:20-21 The wicked cannot rest. They toss and turn like the troubled sea.

Mat 11:28-30 There is rest in salvation. We enter the yoke with Jesus and our work is pleasant and easy. Rest does not mean there is no work. There are burdens, but they are light.

We are to take up our cross and follow Jesus (Mt 10:38, 16:24), but there is rest in our salvation (Mt 11:28).

- No more burden of sin.
- Rest in your labor for Christ.
 - No more burdens of ceremonial rites and religious routines and expectations.
- There is rest from the sorrows of life. We have a different outlook when a loved one dies. We don't sorrow like others which have no hope (1 Thess 4:13).
- There is rest from the slavery of sin. Addictions no longer torment you.

- There is rest for the mind. The bible settles the questions of right and wrong.
- There is rest for the conscience. Our past sins are under the blood of Christ.

Job 3:13-22 When the righteous die, they are better off. The wicked can no longer torment them, their troubles, pains, fears, disagreements, worries, and sorrows are over.

Heb 4:1 **Let us therefore fear...** Not the fear of unbelief, but fear rooted in faith.

- God forgave me, so I fear Him (Psa 130:4)
- I pass my time here in fear (1 Pet 1:17)
- I'm saved, so I work out (exercise) my salvation in fear (Php 2:12)
- Fearing the Lord gives me strong confidence (Prov 14:26)
 - The bible says you have a deceitful heart that is capable of wandering and sinning and falling away from the right paths. If you believe God, you will fear the possibility of those things happening in your life and take action to prevent it.

Heb 4:10 **For he that is entered into his rest, he also hath ceased from his own works, as God did from his.**

Eph 2:8-10 We are saved by grace through faith UNTO works.

Rom 4:4-5 Abraham was justified by faith without works, but his faith resulted in many works.

John 5:17 The bible speaks of God's rest, but He is working, as is Christ.

Zeph 3:14-17 In the millennial day, Israel shall enter into God's rest.

True Faith

- Must include knowledge, confidence, and obedience.
 - Knowledge: a revelation communicated from God as the subject of faith. Truths revealed by God to man.
 - Confidence: a firm belief in the knowledge from God which should lead to action.
 - Obedience: to take action, scripturally, based on what you know to be true
- Hear the word (vs 2)
- Believe the word (vs 3)
- Act upon your faith in the word (vs 11)