Notes from Hebrews chapter 3:

- Vs 3 Jesus is better than Moses, but Moses pictures Jesus in many ways.
 - His duties required great self-denial and moral courage.
 - o He gladly gave up his royal title as the son of an Egyptian Princess.
 - o When there was unrighteous opposition, he boldly confronted it.
 - He was faithful to the great mission which he had undertaken.
 - He was faithful to the confidence of his people. Those who confided in him could trust that he would look out for their best interests.
 - o All who trusted Moses benefited from doing so.
- Vs 4 "For every house is builded by some *man*; but he that built all things *is* God." Cross-references on God's house:
 - 1 Corinthians 3:9 "...ye are God's building."
 - 1 Peter 2:5 "Ye also, as lively stones, are built up a spiritual house..."
 - 1 Timothy 3:15 "...the house of God, which is the church of the living God..." This is not the church building that you meet in, it is the believers who are in the body of Christ.
- Vs 14 "...if we hold the beginning of our confidence stedfast unto the end." Here is an instruction to hold fast (See Heb 4:14). You can't lose your salvation, but you might neglect the salvation that you have. If you are going to hold onto something, you must first have it.
 - 1 Timothy 6:12 and 6:19 "...lay hold on eternal life..."
- Vs 7 "Today if you will hear his voice."
 - The Father spoke "in times past" (1:1)
 - The Son spoke "in these last days" (1:2)
 - The Holy Spirit speaks "today" (3:7)
- Vs 9 "When your fathers tempted me..."
 - 1 Corinthians 10:1-10, 2 Peter 2:4-7, Jude 1:5-7, Jeremiah 17:9-10.
 - o They provoked (vs 16), they sinned (vs 17), They refused (vs 18).
- **Vs 13** "The deceitfulness of sin." Watch how Jael's actions in Judges 4:18-21 demonstrate the deceitfulness of sin. Note: Jael is not sinning. She is a picture of how sin deceives.
 - Sin says, "Turn in to me; fear not." (vs 18)
 - "She covered him with a mantel." (vs 18). Sin will treat you well.
 - He asked for water "And she opened a bottle of milk...and covered him." (vs 19). Sin will give you
 more than you ask for.
 - "Stand in the door of the tent..." (vs 20). He trusted sin to watch out for him.
 - "Then Jael... smote the nail into his temples...so he died." (vs 21). The wages of sin is death.

The key to success in this life:

- Hear his voice (vs 7)
- Harden not your hearts (vs 7)
- Take heed (vs 12) (Do what God says)

"Consider the Apostle and High Priest of our profession, Christ Jesus." (vs 1)

Apostle: represents God to man.

High Priest: represents man to God.

The High Priest

- 1. Must be free from every blemish and defect. (Lev 21:16-23)
- 2. Must not place even the death of his relatives above his duty to God (Lev 10)
- 3. Must be clean when approaching the altar to minister. (Exod 30:19-21)
- 4. Must offer daily, morning and evening, sacrifices. (Exod 29)
- 5. Must perform the ceremonies on the day of atonement. (Lev 16, Rom 5:11)
- 6. Must arrange the shewbread every Sabbath and eat it in the holy place. (Lev 24:9, Mk 2:25-28)
- 7. Must judge legal questions (Romans 14:10).
- 8. Is the supreme ruler in Israel when there is no God-given judge. Jesus is both Priest and King.
- 9. Bore before the Lord the names of his people (Exod 38:12). Jesus, our mediator brings our name before God.
- 10. Consecrated the Levites (priests). We are priests (Rev 1:6) whom Jesus Christ ordains for service.
- 11. Appointed individual priests to differing offices (1 Sam 2:36, 1 Cor 12:11).
- 12. Makes intercession (Num 16:43-48).
- 13. Pronounces blessings upon God's people (Lev 9:22-23).

CHAPTER 4, verses 1-11

- 1. A promise of rest remains. "Rest" is found in verses 4, 5, 8, 9, and 10." Rest is the theme here.
- 2. The character of that rest.
- 3. Faith is the condition for entrance.
- 4. The failure of others to enter their rest should provoke us.

What is the underlying problem that causes me to lose my rest and feel anxious, fearful, or doubtful?

UNBELIEF

When trouble comes and you feel that your heart is losing its rest, ask yourself, "Do I really believe the promises of Jesus Christ?"

- Mark 9:17-24 In this passage, a man is burdened with the situation of his son being possessed with an evil spirit. He brings his son to Jesus, hoping Jesus can help. In the end, he confesses that he doesn't fully believe. His unbelief is what is preventing peace in this situation.
 - Oftentimes people believe the Lord for some things, or for many things, but not for all things.
 - Believe God for everything, and you can enjoy His rest.
- Philippians 4:6-8 God doesn't want you to be so full of cares. Lift up everything that troubles you to Him immediately and you can enjoy "the peace of God, which passeth all understanding."
 - Don't let a lot of little troubles pile up until it overwhelms you and you snap.
 Take care of them in prayer one-by-one as they occur.
 - o If your thoughts are full of worries and troubles, you won't be able to think on the things you're supposed to (vs 8) so you can have peace (see Isa. 26:3).